

HV50
Faithful *to*
GOD'S DESIGN

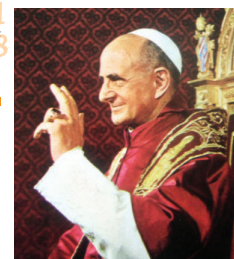
CELEBRATE THE 50TH ANNIVERSARY OF HUMANAE VITAE

*A monthly Reflection
on the 50th
Anniversary of
Humanae Vitae*

2018

Edition
No 10

Pope Paul VI
canonized
October 14, 2018



TO THE CLERGY, TO THE FAITHFUL AND TO ALL MEN AND WOMEN OF GOOD WILL
This is who St. Paul VI addressed, when he issued his encyclical July 25, 1968 articulating the timeless teaching of the Catholic Church on the "regulation of birth". This *Faithful to God's Design* monthly news is an invitation to all of us--ALL MEN and WOMEN OF GOOD WILL--to reflect on these truths, during this anniversary year, 50 years later.

IT'S TIME TO SPEAK UP!

BY SHEILA ST. JOHN

50 years ago, Pope Paul VI suggested if we need convincing of the solid ground on which the teachings of the church in this area are based, we need only "*stop to reflect upon the consequences of the use of the methods of artificial birth regulation*"—consequences he then outlined, and we are now living.

It is not unusual when I am invited to speak, that I am asked to just share the benefits of NFP, and admonished NOT to speak negatively of contraception.

It is precisely silence on the subject, based on an inadequate understanding of the far-reaching implications of the harms of contraception and fear of speaking up about it, that got us where we are today.

"All that is necessary for the triumph of evil is that good men do nothing." (Edmund Burke)

We must speak up but we must do so effectively. First, we must be well formed on the topic, then we must learn effective strategies for communicating the message, and lastly, we must be fortified with a big dose of courage and inspiration—always speaking in love. But we are in luck! All of this—formation, education, messaging, strategy, support—were in big supply, at the 2018 50th Anniversary Celebration of *Humanae Vitae*. This conference equipped us, and this historic HV50 Anniversary Year is the time, to be silent no more about contraception, much as the Silent No More campaign gave a voice to those harmed by abortion. Pope Paul VI appealed to us all—public authorities, men of science, Christian husbands and wives, apostolates of couples, doctors and medical personnel, priests, and bishops—and this 50 year anniversary of that invitation, is our call to action.

CANFP is offering a year-long HV50 campaign, and while planning and attending, the July 2018 Conference was a highlight, and the presentations recorded there a great resource, here are a couple other ways to engage.

HUMANAE VITAE SAYS....

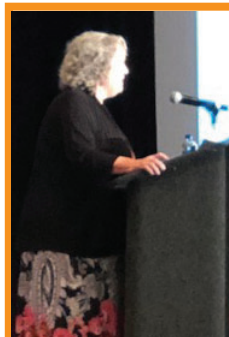
In the act of transmitting life, they are not free, therefore, to proceed at will, as if they could determine with complete autonomy the right paths to follow; rather they must conform their actions to the creative intention of God, expressed in the very nature of marriage, and of its acts, and manifested by the constant teaching of the Church HV 10

MY HV STORY provides a platform to share with the world how these teachings impact your life. Video clips of 1-3 minutes duration are posted on this website, and you are invited to share yours! All you need to do is record your HV STORY video clip on your cell and upload!

MY HV HERO is a way to inspire others, by honoring someone who has impacted you with their courageous and loving response to *Humanae Vitae*. Maybe it will be just the inspiration needed by a new generation of HV HEROes who will lead us through the next 50 years!

Sign up to receive HV50 updates on the home page of www.CelebrateHV50.com and be alerted to opportunities this anniversary year---for we will be silent no more.

Excerpted from article at HV50 Blog at www.CelebrateHV50.com



Sheila St. John is the Executive Director of the California Association of Natural Family Planning, and Chair of the HV50 Conference---Faithful to God's Design---and HV50 Campaign.

HV50 My HV HERO

Jayne Mitchell-Werbrich
nominated by Timothy Werbrich



Jayne Michell-Werbrich is a registered nurse who, in her short time working at Planned Parenthood in Delaware, became a whistle-blower for the unsafe and unsanitary conditions there and helped spotlight the issues that were behind closed doors at Planned Parenthood.

Since that time, Jayne has become a practitioner with the Creighton Model of FertilityCare and NaPro Technology. She has helped a number of women become pregnant when they had not been able to do so, including her daughter-in-law. (The picture is of Jayne holding her first granddaughter, Viviann, who was conceived through the help of the Creighton Model).

Jayne volunteers at two pregnancy centers helping women with Natural Family Planning. Jayne also is an on-call nurse twice monthly for the abortion reversal pill hotline. She has helped many women maintain their pregnancy and have healthy babies after they have had second thoughts after taking the abortion pill.

Her selfless dedication to women's and babies' health is inspiring to me.

HV50 FEATURED HV50 VIDEO / AUDIO

George Delgado, MD, FAFFP

- 1) *The Many Faces of NFP*
- 2) *Los Danos y Riesgos de Anticoncepcion*

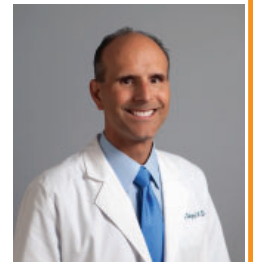
Shared freely at www.CelebrateHV50.com

thanks to the generous support of the Catholic Communication Campaign

ENGLISH RECORDING: **THE MANY FACES OF NFP** Natural Family Planning services can be integrated in a wide range of venues, each offering unique advantages, and reaching different audiences. In this recorded panel discussion, there will be an opportunity to learn from the experiences of 1) a pastor, 2) a physician, and 3) nurse, who each have established thriving NFP programs, in a parish, medical practice, and hospital, respectively.

SPANISH RECORDING: **LOS DANOS Y RIESGOS DE ANTICONCEPCION** En esta charla, vamos a explorar los riesgos de anticonceptivos. Esos riesgos son muchos incluso cancer seno, depresión y problemas con parerjas.

Dr. George Delgado is the founder of Abortion Pill Reversal (APR) and the medical director of Culture of Life Family Health Care. He has published two articles in peer-reviewed medical journals detailing the reversal of medical abortion using progesterone, the most recent being in April 2018. Dr. Delgado is board certified in family medicine and in hospice and palliative medicine, and an NFP Medical Consultant trained in NaProTechnology.



El **Dr. Delgado** es el fundador de Abortion Pill Reversal (APR) y el director medico de Culture of Life Family Health Care. A publicado dos articulos sobre la tema de la reversion de mifepristona, la pildora abortiva. El Dr. Delgado es diplomado en medicina familiar y hospicio y medicina paliativa.

THINK ABOUT IT....
ALL FAMILY PLANNING
SHOULD BE NATURAL.

ABOUT FAITHFUL TO GOD'S DESIGN NEWS

Faithful to God's Design News is available at www.CelebrateHV50.com in both English and Spanish. Sign up on the home page to receive emails updates, and the most recent edition of Faithful to God's Design will be delivered to your inbox monthly throughout 2018. Permission is granted to share freely, in its entirety, and churches are invited to share monthly in their parish bulletins. Funded by

