

TO THE CLERGY, TO THE FAITHFUL AND TO ALL MEN AND WOMEN OF GOOD WILL This is who Blessed Pope Paul VI addressed, when he issued his encyclical July 25, 1968 articulating the timeless teaching of the Catholic Church on the "regulation of birth". This *Faithful to God's Design* monthly news is an invitation to all of us--ALL MEN and WOMEN OF GOOD WILL---to reflect on these truths, during this anniversary year, 50 years later.



RECLAIM---WITNESS---CHALLENGE BY LINDSAY FAY

"Chastity is a difficult, long term matter; one must wait patiently for it to bear fruit, for the happiness of loving kindness which it must bring. But at the same time, chastity is the sure way to happiness." St. John Paul II, Love & Responsibility

I'll never forget sitting in the rose garden near my college campus one spring afternoon of my freshman year. I remember just around this time, a young woman that I looked up to greatly, a role model of mine, had just gotten married. I remember looking online at her wedding photos through social media and just thinking to myself, she, and her now husband, did it the right way. She was one of the very first witnesses of chastity to me, and how beautifully that decision could bear fruit in someone's life.

I remember that spring afternoon thinking that I needed to make some changes in my life. I could not live the way the culture was promoting and find a love like she had found. With much reflection about the beauty of all that love could be, I remember firmly deciding that day in the rose garden that I would begin to make different decisions, because I too, wanted a love that was real.

I'll never forget the power of one bold and beautiful witness to chastity and how that impacted my life. While we are certainly in a battle, we can rest assured that what this culture offers pales in comparison to the richness of living a life of sexual integrity.

In *Humanae Vitae*, Pope Paul VI presents the beauty, joy, and challenges of living an integrated sexuality. It is critical that we are preparing young people for the challenges of married love, Natural Family Planning, and parenthood as they will become the husbands and wives, fathers and mothers of the next generation. We must challenge them now to live the heroic virtue of chastity. Challenging young people to live virtue will be the single greatest way to help them embrace the Church's teachings contained in *Humanae Vitae*.



RECLAIM IT

The greatest way to reclaim chastity from the grasp of our modern culture is to present the beauty of the lifestyle, that it is actually an affirmation of what we desire most, real love and greatness.

WITNESS TO IT

Young people need role models. The commitment of one woman on her journey actually had life altering consequences for me. The power of one yes through a person to person encounter can change the culture.

CHALLENGE THEM

My goal when making decisions about my own life and inspiring other young people to choose virtue is not to water anything down! We are made for the truth! We have the dignity and potential for greatness to receive it and integrate it into our lives.

Lindsay's article can be found in its entirety on the HV50 Blog at www.CelebrateHV50.com

Lindsay Fay, 2015 а graduate of Santa Clara University with a BA in religious studies, COpresented with fellow Culture Project Missionary Gian Gamboa at the July 2018 HV50 Celebration: Faithful to God's Design in Southern California on **Inspiring Sexual Integrity** Adults. in Young



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HV 50 My HV HERO Fr. Larry Toschi, OSJ

nominated by Juanita AND Javier Rivera

Fr. Larry, our HV influenced Hero, has us in a special way for 38 of our 41 years of marriage. He was the one whom God sent to us early in our marriage to support and encourage us as we embarked on an NFP journey we did not understand or embrace. Fr. Larry has spoken to us and taught us about the truth and meaning of our human



sexuality and about openness to God's Plan for marriage and family. God saved our marriage and restored our broken souls through the love and prayers of this holy priest who continues to promote and proclaim God's truth at Our Lady of Guadalupe Church in Bakersfield, CA. Through the intercession and spirituality of the Holy Spouses, Joseph and Mary, an NFP course is one of the requirements for all engaged couples to complete. May God continue to bless our very dear friend and HV Hero, **Fr. Larry Toschi, OSJ.** We are so blessed to have Fr. Larry in our parish and in our lives.

My HV STORY



So much of *Humanae Vitae* is true love, and loving the way God designed us, so that we can reflect His great love for us. Think of a world where everyone has really read and understands the truths of *Humanae Vitae* what a better place it would be.

Lynn Keenan, MD

HV 50 SPEAKER SPOTLIGHT Patricia Sandoval

Patricia Sandoval's story of three abortions, work behind the hidden doors of Planned Parenthood, followed by nearly three years as a homeless drug addict, is a testament to the saving love and mercy of Jesus Christ and His desire to bring this world's hidden dangers into the light for healing. She shares her testimony in speaking engagements around the world, and in her recent book *Transfigured*



Patricia Sandoval shared her testimony at the 2018 HV 50 event, in both the English and Spanish, on:

Healing the Wounds of the Contraceptive Culture

The story of a personal journey, healing from the ravages of growing up in a Planned Parenthood indoctrinated contraceptive culture.



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